

# **GUIDELINES** FOR CLINICIANS INTRODUCING THE MACY CATHETER® TO PATIENTS AND CAREGIVERS

### **STEP 1**

#### Explain that symptom relief is becoming more difficult.

Ex. Oral/sublingual medication is no longer effective.

## STEP 2

#### Reassure them that you have the solution to this problem.

<u>Ex.</u> The Macy Catheter will allow us to control symptoms quickly, and we can use medication that we already have. We won't have to use needles or suppositories and we won't have to wait for them to be delivered.

STEP 3

#### Describe the Macy Catheter and how it is used.

Use positive, descriptive words. Examples are listed below.



# The Macy Catheter provides a comfortable, dignified way to administer medications and fluids rectally; it is small and soft.

- Many patients report that they do not realize it is in place.
- It is smaller and softer than typical formed stool in the rectum.
- The entry point for the medication rests on the patient's thigh, so privacy is respected.



#### Insertion of the catheter is painless and takes minutes.

- The Macy Catheter can remain in the rectum for up to 28 days.
- If the catheter is removed for (or expelled by) defecation, it can be immediately reinserted or a new catheter can be placed.



The rectal route can be used to administer a wide variety of medications, facilitating rapid symptom management.



Medications usually work more quickly and more effectively when administered via this route.



If desired, the patient can move freely; they can continue with Activities of Daily Living.

• Extremities are unencumbered.



If desired, the patient may receive hydration via the catheter as prescribed by a clinician (water, Pedialyte®).